



EXPERTISE

B.A. in psychology at Western Maryland College (now McDaniel) in 1974. D.C. (Doctor of Chiropractic) degree at Los Angeles College of Chiropractic in 1983. Graduate of 4-year program at the Baltimore Spiritual Science Center (B.S.S.C.) in 1989. Wellness Coach certification by Spencer Institute in 2014. First and Second-Degree Reiki certification (Usui/Holy Fire Reiki Ryoho) by the International Center for Reiki Training in 2016. Co-founder of the Positive Living Network in Mt. Airy, Maryland

INTRODUCTION

My path to natural ways of healing began in college when I learned about yoga, nutrition, humanistic psychology, and various mind/body therapies. I later delved into metaphysics, Eastern philosophy, spirituality, and personal growth. My interest in nutrition indirectly led me to study chiropractic, where I became grounded in the basic sciences and hands-on healing work. Craniosacral Therapy added a further dimension, working with the deeper layers of the body as well as the energy field. All this, including my own personal experience with physical and emotional healing, has evolved into a greater understanding of the benefits of a mind-body-spirit approach to healthcare and healing. And, the importance of the patient or client committing to their own efforts toward deeper and long-lasting healing. As a holistic healer, it is my desire to use my combined tools of intuition, coaching, and knowing touch to guide my clients towards healing inwardly as well as outwardly, empowering all parts of their lives, not only their physical health. I will work to address the root of their dis-ease so they may care for themselves on the deepest level – through self-love and self-care.

SERVICES OFFERED

- Mind/Body/Spirit-Centered Approach to Chronic Illness, Pain, Emotional Disharmony and Stress
- CranioSacral Therapy
- A blend of processes and tools such as hands-on healing, energy tools and modalities, visualization and meditation exercises, wellness and self-care practices, and chiropractic/adjuncts.

MAKE AN APPOINTMENT

Email address: mpetrucci.dc@hotmail.com

Phone: 240-394-2037

TESTIMONIALS

"I knew in my heart based on what I knew of Dr. Maria Petrucci that she had some amazing healing to offer and I was feeling a lot of pain both emotionally and physically. I was carrying a lot of shame about the physical pain I was experiencing. Dr. P treated me with an amazing amount of deep respect and positive regard. I felt completely comfortable sharing with her my deepest concerns and experiencing my emotions. Dr. P's healing, knowing touch combined with her deeply beautiful instincts allowed me to experience a true "aha" moment in which I was open to and receiving real healing and an understanding that if I allowed it and chose it I could heal. She guided me perfectly at the exact right moment to hear the exact message I needed. The gift of Dr. P's guidance I carry with me forever. Her combined tools and instincts are a perfect match for those wanting to open themselves up to true alignment with themselves spiritually, emotionally and physically. I am eternally grateful." - H.D.

"My journey with Maria Petrucci, D.C. began...after 3 'traditional' specialists were unable to cure my chronic dizziness. I sincerely believe that the combination of traditional and holistic practice that Maria uses helped heal what I was told would be a permanent condition...As an individual who has made a conscious decision to embrace spirituality and alternative medicine as a part of my life's journey, I appreciate Maria's approach to diagnosing and treating the root of the problem and not the symptoms. I would highly recommend her to others." - J.E.

"Dr. Maria Petrucci is a gifted practitioner with a holistic approach to healing. I appreciate her gentle, empathic, and intuitive approach to patients...I have realized amazing improvement in my general health and pain management since I began chiropractic treatment with her; I consider Dr. Petrucci to be a valuable member of my health team and frequently recommend her to friends." - C.S.

"Maria's blend of cranio-sacral therapy and coaching works for me. Emotions are locked up in my body and I often experience them as physical pain instead of at an emotional level. Somehow the talking and coaching, along with the energy work Maria does, helps me release these emotions even if I can't directly identify them or what they stem from. The other day I had a session and was concerned about pain in my right arm. Maria gently worked on my arm for much of my session. As a result, the next day I could use it normally again with only the slightest hint of discomfort." - L.C.

"Maria, I want to let you know how grateful I am to have found you and have you as my practitioner. You are helping me to heal and realign my body in your caring and gentle ways. The knowledge that you share with me about nutrition, supplements, essential oils, energy work, and the movement of the body has empowered me to change my life for the better.

The cranial-sacral work that you are doing on my feet is revolutionary to my body! The shifts that this is making to my entire posture is, to me, completely astounding! I feel more balanced, stable, and my scoliosis seems less pronounced. This is nothing short of a miracle! I am so grateful that you followed your intuition and focused your easy, mindful attention to untwisting my toes and feet. It has resulted in untwisting my whole body!

Over the years I have come to know what a wonderful, caring person you are. It

shows in your work, in your manner, and in your heartfull Spirit. It has been a joyful journey of healing as we have learned my body. You were the one who found my scoliosis...[and] helped me to understand how it was effecting my body, lifestyle, and movements. I look forward to continuing our work together for many more years to come. Thanks for all you do! Namaste.” - D.J.G.