



EXPERTISE

Mind Body Spirit Guidance, Quantum Healer, Holistic Metamorphosis® Practitioner, Intuitive Practitioner, Card Reader, Certified Eating Psychology Coach, TRE® Certified Facilitator

INTRODUCTION

Lisa Karasek is an expert Quantum Healer, TRE® Certified Facilitator and Certified Eating Psychology Coach, who is able to update her client's states of being to assist in healing and ascension. Using ancient, multi-dimensional healing and angelic energies, Consciousness-based practices, and TRE® (tension and trauma releasing exercises), Lisa powerfully guides her clients to a healthier, happier, more purposeful life. Lisa is dedicated and passionate about helping you work with the dynamics of your self-relationship and believes this is the key to most Mind Body Spirit disease and illness. Find more information about her and her programs.

SERVICES OFFERED

- Mind-Body-Spirit
- Quantum Healing
- Holistic Metamorphosis®
- Intuition
- Card Reading
- Eating Psychology
- Tension Release Exercise®

MAKE AN APPOINTMENT

Email address: LisaMKarsek@gmail.com

Phone: 410-992-3001

Website: www.LK-CEPC.com