# Dr. Laura Herman, D.Ac., M.Ac., L.Ac.





EXPERTISE

Acupuncture, Reiki Master and Arcturian Healing Light Practitioner, Intuitive

#### INTRODUCTION

### **Acupuncture and Reiki**

Laura loves working with and empowering her clients to better understand the mind/body/spirit connection through the healing arts of acupuncture and reiki. She enjoys being able to provide a safe and nurturing atmosphere in which to heal with these modalities. Laura has seen many positive changes in patients who are suffering from a wide range of mental, emotional, and physical conditions including depression, anxiety, sleep apnea, chronic pain, allergies, and insomnia.

## **Arcturian Healing Light**

Indigenous people from all countries and throughout all time have talked about their connection to the star beings. The star beings support humanity in offering wisdom and healing to those who are willing to connect with them. The Arcturian's are beings from the star system Arcturus. They are helping people more quickly shift their consciousness during the current age of ascension we are experiencing. A shift in consciousness can bring physical, mental, emotional, and spiritual healing. They also help to guide those who are looking for a greater understanding of their purpose. They are very direct in their offerings and look forward to working with you through Laura.

## **Intuitive Work**

Laura's intuitive readings help her clients better understand and navigate their lives. Clients often report receiving a healing from the words that are channeled during their sessions and leave feeling more at peace. Her Acupuncture and Reiki practices are in alignment with her traditional training as well as guided by the intuitive reading of the meridians and information she receives.

## **Education**

- Completed Bachelor of Arts Degree in Communications/Psychology from Pennsylvania State University (2006).
- Completed Reiki Master Training (2012).
- Completed a Master's Degree in Acupuncture (M.Ac.) from Maryland University of Integrative Medicine in Laurel, MD (August 2016).
- Licensed to practice acupuncture (L.Ac.) by the Maryland Acupuncture Board (May 2017).
- Doctorate Degree in Acupuncture (D.Ac.) from Maryland University of Integrative Medicine in Laurel, MD (August 2018).

## MAKE AN APPOINTMENT

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