



EXPERTISE

B.A. in psychology at Western Maryland College (now McDaniel), Doctor of Chiropractic (D.C.) degree at Los Angeles College of Chiropractic, Graduate of the Baltimore Spiritual Science Center (B.S.S.C.), First and Second-Degree Reiki certification

INTRODUCTION

Dr. Maria studied psychology in undergrad school and soon after, took classes in nutrition, yoga, meditation, and other healthy practices. Excited about what she was learning and the improvements in her own health, she decided to explore a career in natural healthcare, which led to her degree in chiropractic.

Dr. Maria's main healing therapies and tools include Chiropractic, CranioSacral Therapy and self-empowerment processes. She often blends the three to offer a holistic healing experience, addressing physical and mental/emotional causes of dis-ease. She integrates spiritual, neuro-scientific, and energy healing principles in with her hands-on and distance work to guide people toward co-creative healing and self-healing on a deeper level.

SERVICES OFFERED

The following services are extremely beneficial in reducing pain and stress in their many forms, as well as promoting body comfort and relaxation, a peaceful state of mind, and easier movement:

- CranioSacral Therapy
- Chiropractic Care (Sacro Occipital Technique)
- Self-Empowerment and Healing Tools
- Remote Healing

BENEFITS

Conditions and symptoms that benefit from chiropractic care, CranioSacral Therapy, and Mind-Body Tools include (but are not limited to) the following:

- Neck, back, and extremity pain/numbness/tingling
- Headaches and Migraines
- Stress and Tension-Related Disorders
- Learning Disorders and Disabilities
- Fibromyalgia and Chronic Fatigue
- Brain Injuries
- Feeling of pressure or compression
- Stiffness and achiness
- Decreased range of motion

Changes people have noticed include the following:

- Greater peace of mind
- Profound relaxation
- Standing/sitting taller
- More space in head
- More motivated and less lethargic
- Feeling centered, grounded, aligned
- Release of negative emotions and ways of thinking Inspiration regarding solutions to their “issues” or concerns

MAKE AN APPOINTMENT

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TESTIMONIALS

“Dr. Maria Petrucci is a gifted practitioner with a holistic approach to healing. I appreciate her gentle, empathic, and intuitive approach to patients...I have realized amazing improvement in my general health and pain management since I began chiropractic treatment with her; I consider Dr. Petrucci to be a valuable member of my health team and frequently recommend her to friends.” - C.S.

“I knew in my heart based on what I knew of Dr. Maria Petrucci that she had some amazing healing to offer and I was feeling a lot of pain both emotionally and physically. I was carrying a lot of shame about the physical pain I was experiencing. Dr. P treated me with an amazing amount of deep respect and positive regard. I felt completely comfortable sharing with her my deepest concerns and experiencing my emotions. Dr. P's healing, knowing touch combined with her deeply beautiful instincts allowed me to experience a true "aha" moment in which I was open to and receiving real healing and an understanding that if I allowed it and chose it I could heal. She guided me perfectly at the exact right moment to hear the exact message I needed. The gift of Dr. P's guidance I carry with me forever. Her combined tools and instincts are a perfect match for those wanting to open themselves up to true alignment with themselves spiritually, emotionally and physically. I am eternally grateful.” - H.D.

“My journey with Maria Petrucci, D.C. began...after 3 ‘traditional’ specialists were unable to cure my chronic dizziness. I sincerely believe that the combination of traditional and holistic practice that Maria uses helped heal what I was told would be a permanent condition...As an individual who has made a conscious decision to embrace spirituality and alternative medicine as a part of my life's journey, I appreciate Maria's approach to diagnosing and treating the root of the problem and not the symptoms. I would highly recommend her to others.” - J.E.

“Maria's blend of cranio-sacral therapy and coaching works for me. Emotions are locked up in my body and I often experience them as physical pain instead of at an emotional level. Somehow the talking and coaching, along with the energy work Maria does, helps me release these emotions even if I can't directly identify them

or what they stem from. The other day I had a session and was concerned about pain in my right arm. Maria gently worked on my arm for much of my session. As a result, the next day I could use it normally again with only the slightest hint of discomfort." – L.C.

"I enjoyed my distance craniosacral healing with Dr. Maria. She is very intuitive and often picked up on images that I was seeing in my mind during the session. She is also caring and attentive, frequently asking me how I felt and what I needed during the session. I feel strong, centered, grounded, and more present in my body after working with her." A.L.

"Maria is an extremely knowledgeable and kind practitioner who cares deeply about her patients. She constantly comes up with methods and remedies to help with whatever health problem you are having. Thank you, Maria!" S.S.

"Maria, I want to let you know how grateful I am to have found you and have you as my practitioner. You are helping me to heal and realign my body in your caring and gentle ways. The knowledge that you share with me about nutrition, supplements, essential oils, energy work, and the movement of the body has empowered me to change my life for the better. The cranial-sacral work that you are doing on my feet is revolutionary to my body! The shifts that this is making to my entire posture is, to me, completely astounding! I feel more balanced, stable, and my scoliosis seems less pronounced. This is nothing short of a miracle! I am so grateful that you followed your intuition and focused your easy, mindful attention to untwisting my toes and feet. It has resulted in untwisting my whole body! Over the years I have come to know what a wonderful, caring person you are. It shows in your work, in your manner, and in your heartfull Spirit. It has been a joyful journey of healing as we have learned my body. You were the one who found my scoliosis...[and] helped me to understand how it was effecting my body, lifestyle, and movements. I look forward to continuing our work together for many more years to come. Thanks for all you do! Namaste." - D.J.G.